

Socialization of New Normal Implementation at Al-Jabbar Islamic High School in 2021

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Abstract

The current pandemic condition requires everyone to be prepared to deal with it, as well as school children. Students must be equipped with knowledge about the application of the new normal at school, the purpose of this activity is that high school students (SMA) can behave and behave in accordance with health protocols in the new normal era so that students can avoid the spread or exposure of the novel coronavirus (covid-19). 19) during face-to-face school. The knowledge gained by students is done by providing health education. Health education is provided by the online method, using the ZOOM meeting application, with the participants of the webinar being students of Al-Jabbar Islamic High School, Tangerang City. The results of the Health Education activity obtained positive attitudes of students before being given Health Education by 50% (15 students), and after given 66.67% (20 students), while the behavior of implementing the new normal according to the health protocol before health education was carried out by 53.33% (16 students), whereas after being given health education it was 80% (24 students).

Keywords: new normal, novel corona virus, Covid-19.

INTRODUCTION

Covid-19 is a new type of virus that has shaken the world, discovered in December 2019 in Wuhan, China. (lu et al., 2020). This virus is also called sars-Cov-2, where its existence has expanded from its country of origin. There have been many citizens outside their home countries who have experienced transmission of this virus (lipsitch et al., 2020). How not, this virus is able to infect 2000 cases of humans as of January 2020. The transmission of covid-19 is very fast, therefore the world health organization (who) declared the occurrence of covid-19 as a pandemic on March 11, 2020. This stipulation was enforced because it was almost all countries in the world cannot avoid covid-19 (who, 2020).

The number of cases of covid-19 in Indonesia goes up and down every day, the number of confirmed positive covid-19 cases on April 1, 2021, in 6,142 cases, two weeks before it was confirmed 5,297 cases and the previous month there were 6,894 confirmed cases. As of March 29, 2021, the number of confirmed cases in Indonesia is 1,496,085 cases, of which Banten province has 42,752 confirmed cases, spread in Tangerang regency with 9,516 confirmed cases and Tangerang city with 8,154 positive confirmed cases (covid19.tangerangkota.go.id & covid19.tangerangkab.go.id).

The Indonesian government has responded to this pandemic in various ways, one of which is by implementing a new normal (new adaptation) policy. The new adaptation was carried out to be able to accelerate the handling of covid-19 whose implementation took into account the analysis of epidemiological studies and readiness in each region (Muhyiddin, 2020). A new normal or new order of life must be had to coexist with covid-19. In other words, life must go on but also must be able to avoid covid-19 by washing hands after activities, maintaining a safe distance, and wearing masks (Habibi, 2020).

Al-Jabbar Islamic high school (SMA) is a newly established school, which only has two batches, so the results of discussions with the Al-Jabbar High School principal, Mr. Panji Surya, S.Kom., M.Kom. It was found that since the pandemic this school had never received knowledge about COVID-19 directly, the knowledge gained was only through mass media. During the pandemic, information from the data we asked directly to students was that there were 3 students who had been affected by the Covid-19 virus out of 64 students. So according to the

principal, it is necessary to get additional information directly so that students can interact directly with health workers about what and how COVID-19.

Hearing the information obtained from the principal of the Al-Jabbar Islamic High School, it was deemed necessary to hold direct exposure to students and teachers within the Al-Jabbar Islamic High School with the aim of increasing the knowledge and attitudes of high school students regarding the implementation of the New Normal in high school; wash your hands and wear a mask properly and correctly.

METHOD

Al-Jabbar Islamic High School is a high school that was just established in 2020, this school brings about a school with leadership characteristics with information technology capabilities. Graduates who are expected to have these characters make Al-Jabbar Islamic High School dare to be different from senior high schools in Tangerang City. Al-Jabbar Islamic High School is located on Jl. Ki Usman, Sangiang Jaya, Kec. Periuk, Tangerang City, because the school is new, there are not many students, there are 34 grade 11 students and 30 grade 10 students.

One of the additional competencies of graduates of Al-Jabbar Islamic High School is to have a lot of knowledge, especially health sciences and the like that cannot be given directly in the curriculum, where the knowledge gained can support educational knowledge that is already contained in the school curriculum. So that the existence of health education activities is one of the plans that will be carried out regularly, starting with the health education offered by the STIKes Yatsi team. With this health education, the principal of the Al-Jabbar Islamic High School hopes that there will be continuous collaboration, and the participants who attend will get a certificate as an additional requirement for graduation. The good response from the principal made the STIKes Yatsi community service team excited and hoped that it would continue in the future.

Community service activities (Pengmas) in the form of health education provided by the STIKes Yatsi community service team were carried out after obtaining direct approval from the principal of the Al-Jabbar Islamic High School. The proposed activity was welcomed by the principal, considering the situation and conditions were still a pandemic, as well as the government's plan to impose regular face-to-face meetings with school children at the beginning of the new learning year. The selection of the new normal health education theme was based on this. With the hope of minimizing the spread of the Covid-19 virus to students at Al-Jabbar Islamic High School. Apart from this, the school principal welcomed this community service because no one had ever provided this directly, so far they had only received information related to COVID-19 in the mass media.

The socialization of the new normal is carried out online. Even though it is done online, it does not reduce the essence of the goal to be achieved, namely increasing the knowledge and attitudes of high school students toward the implementation of the new normal in schools. In order to assess the results of effective health education, the STIKes Yatsi community service team gave pre and post-questionnaires and analyzed them. The results of the analysis showed that students had a change in knowledge and brought student attitudes towards improvement, where behavior and attitudes at the beginning before giving health education were still lacking and after giving health education increased.

RESULTS

The socialization of the implementation of the New Normal at Al-Jabbar Islamic High School is carried out using the paid application ZOOM meeting, which will be held on June 24, 2021, from 09.00 WIB to 12.00 WIB. Before starting the online Health Education Team, the team conducted an assessment of high schools (SMA) on the STIKes Yatsi campus. Al-Jabbar Islamic High School was taken as a place for Health Education because it was a new school, and was very welcoming and cooperative in implementing this online Health Education.

In the next stage, the team provides a permit and activity proposal and receives a schedule for the implementation of activities, and determines the method used. After a joint decision, it was found that the Health Education conducted by STIKes Yatsi was online using the ZOOM application which was facilitated by the administrator. The online method was taken because face-to-face meetings are still not possible due to the COVID-19 pandemic.

One day before the implementation, the STIKes Yatsi community service team sent a google form link to the homeroom teacher, to be sent to students. The link is as follows https://bit.ly/pretest_pengmas_covid-19. After the implementation of the online health education is complete, students fill out the evaluation link with a google form which is distributed one day after the health education, with the link as follows https://bit.ly/posttest_pengmas_yatsi. After filling in by all participants, the calculation process is carried out, from the two questionnaires the best score is obtained. For participants who get the best score will get credit worth Rp. 20.000,- – Rp. 25.000,-. As for each of the questionnaires, there were 7-8 participants who got it.

The following is a documentation of the STIKes Yatsi community service webinar activity, socialization of the application of the new normal at the Al Jabbar Islamic High School, Tangerang City.

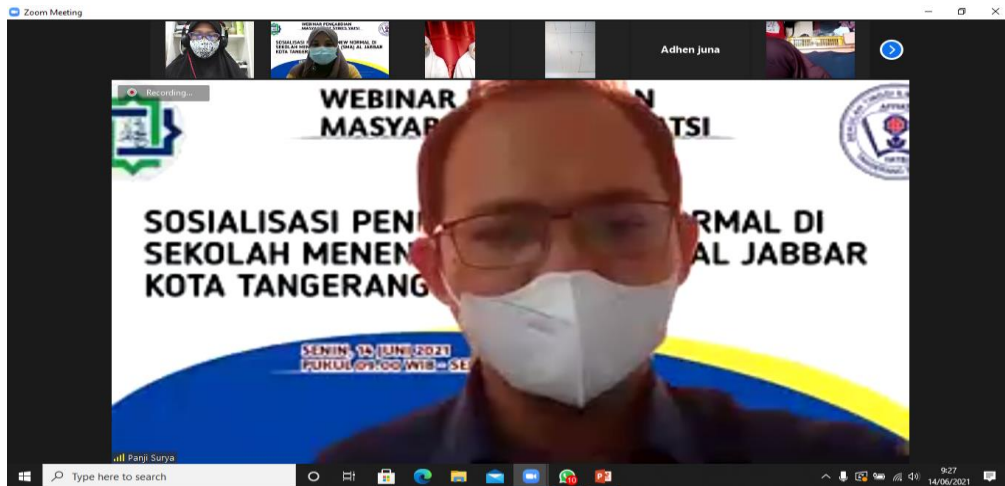


Figure 1. Speech and Opening of the Principal of Al-Jabbar Islamic High School

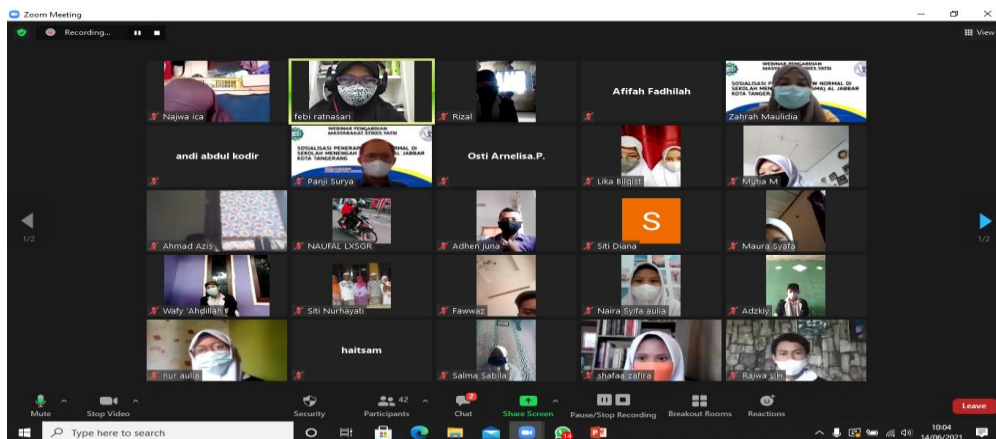


Figure 2. Participants and Lecturers of Al-Jabbar Islamic High School and the Committee for Community Service STIKes Yatsi



Figure 3. Video material on removing and putting on a good and correct mask from WHO



Figure 4. Announcement of Winners Using & Removing the Correct Mask

The results of the implementation of community service in the form of health education socialization of the application of the new normal in high schools obtained demographic data from Al-Jabbar Islamic High School students as follows:

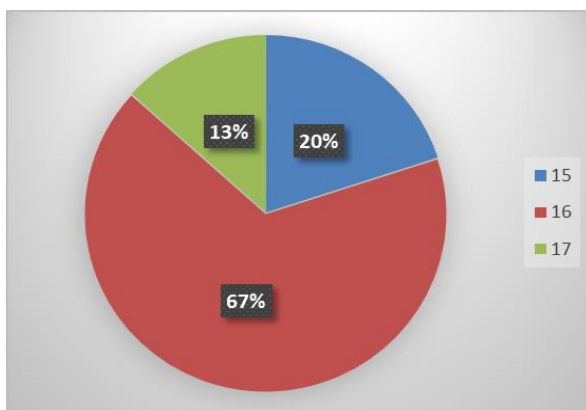


Figure 5. Age of Participants (years)

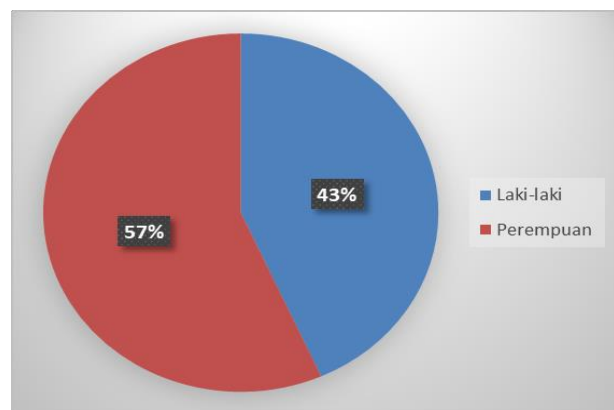


Figure 6. Gender of Participants

The results of the calculation on the attitudes and behavior of Al-Jabbar Islamic High School students in implementing the new normal in an effort to prevent the spread of covid-19 by using a tool in the form of a questionnaire with a google form which was distributed to the Whatapp group one day before the provision of health education / pretest, while The post test is carried out after the health education is completed, the results obtained are as follows,

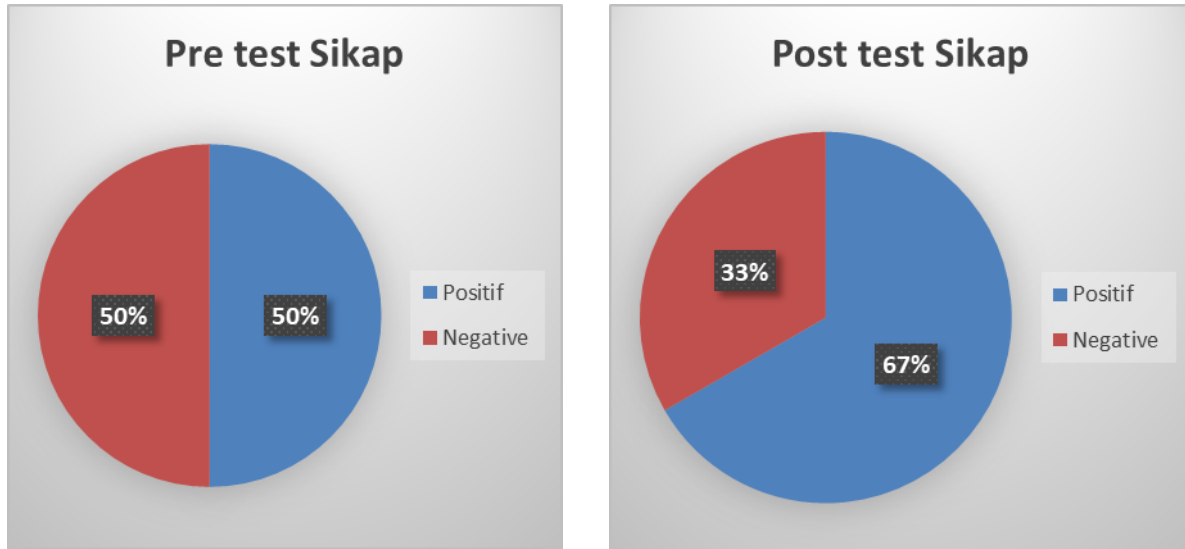


Figure 7. Attitudes of Al-Jabbar Islamic High School students towards the implementation of the new normal in an effort to prevent the spread of covid-19

The Pie diagram above shows that the attitude of Al-Jabbar Islamic High School students towards the implementation of the new normal before being given a health education regarding preventing the spread of covid-19 there were 15 students having a negative attitude and 15 students being positive. After being given health education, the positive attitude of students increased, namely 20 people (66.67%) while the negative decreased to 10 people (33.33%)

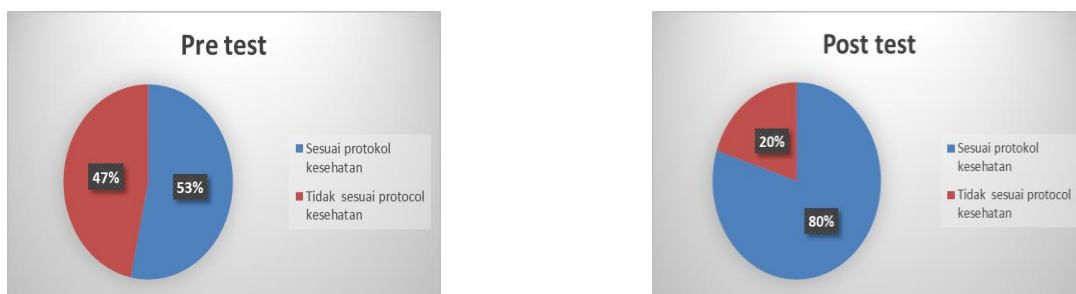


Figure 8. The behavior of Al-Jabbar Islamic High School students towards the implementation of the new normal in an effort to prevent the spread of covid-19

The diagram above shows the results of the behavior of Al-Jabbar Islamic High School students before being given a health education to prevent the spread of COVID-19 which did not comply with the protocol, a total of 14 students (46.67%) and after being given it decreased to 6 students (20%).

DISCUSSION

Al-Jabbar Islamic High School students after being given health education experienced a change in attitude towards positive and good Covid-19 prevention behavior, this happened due to additional information or knowledge from health education (Penkes) provided. This is in line

with what was conveyed by (Ratnasari, 2020) who said that the knowledge that a person has is caused by the education he has gone through. Health education is one of the efforts to facilitate the increase of one's knowledge. Increased knowledge makes perceptions, and habits and forms a person's new beliefs, this belief will make a person's behavior change. Changes in behavior because is based on the knowledge possessed and awareness as well as a positive attitude towards something that will later make the behavior last. Changes in behavior that occur in Al-Jabbar Islamic High School students are measured using a questionnaire and an increase in behavior is obtained in a positive direction, this change is based on the knowledge that has been obtained (Nurul Aula, 2020).

Meanwhile, for changes in attitudes that occur in Al-Jabbar Islamic High School students, there is an increase in a positive direction, this is in accordance with research conducted (Astuti and Ratnasari, 2021) which states that a person's positive attitude towards an object or material is based on the existence of an assessment of the object. This assessment comes from the knowledge that a person has. The higher a person's knowledge of an object, the higher the ability to assess the object. So that it will form a positive attitude (Notoadmojo, 2012).

CONCLUSIONS AND RECOMMENDATION

The conclusion of this activity is that the implementation of online health education, regarding the socialization of the application of preventing the transmission of COVID-19, can increase behavior by 27% and the attitude of Al-Jabbar Islamic High School students towards the transmission of Covid-19 by 16% so that the behavior of preventing the transmission of COVID-19 can increase. 19 has increased and the attitude towards the transmission of COVID-19 is positive.

Suggestions for researchers, conducting further research on the socialization of the application of the new normal with the case-control methodology in order to accurately determine the accuracy of giving health education to the community, especially school children, to prevent the transmission of covid-19, while suggestions for schools to always provide the latest knowledge for their students, particularly health knowledge, by forming close links to health institutions.

ACKNOWLEDGMENTS

The writing team would like to thank the Community Service Institute (LPPM) STIKes Yatsi which has funded this service activity so that it is carried out well.

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